

Jess M. Meyer

Carolina Population Center, University of North Carolina at Chapel Hill
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Academic Employment

University of North Carolina at Chapel Hill, Postdoctoral Scholar 2019-present
Biosocial Training Program (T32 HD091058), Carolina Population Center

Education

Ph.D. Northwestern University, Sociology 2019
Certificate: Society, Biology, and Health (2016)

M.S. Northwestern University, Statistics 2016

M.A. Northwestern University, Sociology 2015

B.A. Indiana University, Sociology and Anthropology 2011
Highest Distinction and Honors in Sociology
Minors: Spanish, Portuguese
Certificate: Latin American and Caribbean Studies

Research Interests

Health & Social Epidemiology, Sociology of Family, Gender, Social Inequality, Work & Occupations, Medical Sociology, Quantitative Methods

Publications

Refereed Journal Articles

- 2018 Percheski, Christine and **Jess M. Meyer**. "Associations Between Health and Union Dissolution: Differences by Gender and Marital Status." *Journal of Health and Social Behavior* 59(4):569-584.
- 2017 **Jess M. Meyer** and Christine Percheski. "Health Behaviors and Union Dissolution among Parents of Young Children: Differences by Marital Status." *PLoS ONE* 12(8):e0182628.
- 2017 McDade, Thomas W., Calen Ryan, Meaghan J. Jones, Julia L. MacIsaac, Alexander M. Morin, **Jess M. Meyer**, Judith B. Borja, Gregory E. Miller, Michael S. Kobor, and Christopher W. Kuzawa. 2017. "Social and Physical Environments Early in Development Predict DNA Methylation of Inflammatory Genes in Young Adulthood." *Proceedings of the National Academy of Sciences* 114(29):7611-7616.

In Preparation

Meyer, Jess M. "Gender Differences in Sleep among Parents of Young Children after Dedicated Paternity Leave Implementation."

Meyer, Jess M. "Do Educational Differences in Sleep Duration Converge at Older Ages?"

Grants and Fellowships

- 2012-2019 Applied Quantitative Research Fellowship, Northwestern University
- 2017, 2018 The Graduate School Conference Travel Grant, Northwestern University
- 2018 Travel grant for 2018 Time Use Across the Life Course conference, University of Maryland
- 2014-2015 Society, Biology, and Health Cluster Fellowship, Northwestern University
- 2013 MacArthur Summer Research Grant (with Christine Percheski), Department of Sociology, Northwestern University
- 2012-2013 University Fellowship, Northwestern University
- 2011 Hutton Honors College Research Grant, Hutton Honors College, Indiana University
- 2011 Hutton Honors College Teaching Internship Grant, Hutton Honors College, Indiana University
- 2011 Hutton Honors College Travel Grant, Hutton Honors College, Indiana University

Awards and Honors

- 2019 Population Association of America Poster Award from Poster Session 5 (Health & Mortality 1)
- 2018 Honorable Mention, Robert F. Winch Memorial Award for Graduate Student Best Presented or Published Paper, Northwestern University Department of Sociology
- 2016 Robert F. Winch Memorial Award for Outstanding Graduate Student Lecturer, Northwestern University Department of Sociology
- 2015 Outstanding Service to the Undergraduate Program Award, Northwestern University Department of Sociology
- 2011 Phi Beta Kappa, Indiana University
- 2007-2011 Herman B Wells Scholar, Indiana University

Conference Presentations

- 2019 **Jess M. Meyer.** “Who Sets the Alarm Clock? Gendered Temporal Anchors Relative to Wake Time.” To be presented in Roundtable at American Sociological Association (ASA) Annual Meeting, New York City, NY.
- 2019 **Jess M. Meyer.** “Do Educational Differences in Sleep Duration Converge at Older Ages?” Poster Presentation, Symposium on Biosocial Approaches to Population Health across the Life Course, Chapel Hill, NC.
- 2019 **Jess M. Meyer.** “Early to Work, Early to Rise? Gender Differences in the Relationship of Wake Time to Employment and Childcare Schedules among Working-Age U.S. Adults.” Poster Presentation, Population Association of America (PAA) Annual Meeting, Austin, TX.

- 2018 **Jess M. Meyer.** “Sleeping over Time: Differences in Sleep Duration by Education Vary over Age.” Presentation, ASA Annual Meeting, Philadelphia, PA.
- 2018 **Jess M. Meyer.** “Do Educational Differences in Sleeplessness, Bedtime, and Wake Time Vary by Age?” Poster Presentation, Time Use Across the Life Course, College Park, MD.
- 2018 **Jess M. Meyer.** “Effects of a Paternity Leave Policy on Gender Differences in Sleep among Parents of Young Children.” Poster Presentation, PAA Annual Meeting, Denver, CO.
- 2017 **Jess M. Meyer.** “Effects of a Parental Leave Policy on Differences in Maternal Time with Children by Maternal Education: The Case of the Quebec Parental Insurance Plan.” Poster Presentation, Association for Public Policy Analysis and Management (APPAM) Annual Fall Research Conference, Chicago, IL.
- 2017 **Jess M. Meyer.** “Times of Inequality: Gendered Differences in Parents’ Time Use by Socioeconomic Status.” Roundtable Presentation, ASA Annual Meeting, Montreal, Quebec, Canada.
- 2016 **Jess M. Meyer,** Thomas W. McDade, and Jeremy Freese. “Genes, Race, and Analytical ‘Stopping Points’: A Cautionary Tale of Population Stratification.” Invited Presentation, ASA Annual Meeting, Seattle, WA.
- 2014 Percheski, Christine and **Jess Meyer.** “Committed in Sickness and in Health? Health and Relationship Dissolution.” Presentation, ASA Annual Meeting, San Francisco, CA.
- 2014 **Meyer, Jess.** “The ‘Individual’ and the Institutional: Moral Emotion Work and Perceptions of Decision-Making Power in the Neonatal Intensive Care Unit.” Presentation, Law and Society Association Annual Meeting, Minneapolis, MN.
- 2013 **Meyer, Jess.** “Moral Distress: How Do Prior Findings Apply to the Neonatal Intensive Care Unit Today?” Presentation, ASA Annual Meeting. New York City, NY.
- 2011 **Meyer, Jess.** “Cougar Identity and Its Meaning.” Presentation, North Central Sociological Association Annual Meeting. Cleveland, OH.

Additional Training

- 2016 Russell Sage Foundation Summer Institute in Social-Science Genomics, Rutgers University
- 2016 Panel Study of Income Dynamics (PSID) Data User Workshop, Inter-university Consortium for Political and Social Research (ICPSR), University of Michigan
- 2013 “Questionnaire Design” and “Building and Testing Structural Equation Models,” Summer Institute in Survey Research Techniques, University of Michigan

Research Experience

- 2014-2019 Research Assistant to Thomas McDade, Northwestern University
- 2013-2014 Research Assistant to Jeremy Freese, Northwestern University
- 2011-2012 Research and Operations Assistant, Indiana Consortium for Mental Health Services Research, Indiana University
Fieldwork Supervisor for “Teamwork, Clinical Culture & Change in the NICU (Neonatal Intensive Care Unit),” PI’s: Bernice Pescosolido, Zeynep Salih, Susan Perkins

2010 Research Assistant, Indiana University Sociology Lab. Lab Director: Stephen Benard

Teaching Experience

Graduate Courses

Statistical Analysis of Social Data: Applied Regression Methods II, Northwestern University (Teaching Assistant). Spring 2016

Undergraduate Courses

Analysis and Interpretation of Social Data, Northwestern University (Teaching Assistant). Spring 2018

Introduction to Sociology, Northwestern University (Teaching Assistant). Spring 2013

Gender Roles, Indiana University (Undergraduate Teaching Assistant). Spring 2011

Culture and Society, Indiana University (Undergraduate Teaching Assistant). Fall 2010

Service & Leadership

Professional

Peer Reviewer, *Journal of Gerontology: Social Sciences*, *American Sociological Review*, *Sleep Health*, *Journal of Health and Social Behavior*

Student Representative, ASA Section on Methodology Council, 2016-2018

Member, ASA Methodology Section Midyear Meeting Committee, 2016-2017

Roundtable Presider, Section on Medical Sociology Roundtable on Relationship Status and Health, ASA Annual Meeting. Chicago, IL, 2015

Member, Graduate Student Advisory Committee, ASA Section on Social Psychology, 2014

Editorial Board Member, *Student Anthropologist*, 2010

University

Northwestern University

Graduate Associate, Ayers Residential College of Commerce and Industry, 2018-2019

Assistant Chair, Ayers Residential College of Commerce and Industry, 2016-2018

Logistics Coordinator, Society, Biology, and Health Cluster, 2015-2016

Co-Coordinator, Applied Quantitative Methods Workshop, 2013-2015

Department

Department of Sociology, Northwestern University

Member, Faculty Recruitment Committee, 2016

Undergraduate Mentoring Coordinator, 2015-2016

Graduate Student Association Representative, Undergraduate Affairs Committee, 2012-2016

Languages

English (native)

Spanish (fluent)

Portuguese (proficient)

Professional Affiliations

American Sociological Association
Population Association of America
Interdisciplinary Association for Population Health Science
Work and Family Researchers Network
Association for Public Policy Analysis and Management
Sleep Research Society

References

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