

# Jess M. Meyer

Department of Sociology, Northwestern University  
1810 Chicago Ave, Evanston, IL 60208  
jessmeyer@u.northwestern.edu, (765) 401-1054

## Education

---

- |              |  |               |
|--------------|--|---------------|
| <b>Ph.D.</b> | <b>Northwestern University, Sociology</b><br>Certificate: Society, Biology, and Health (2016)  | expected 2019 |
| <b>M.S.</b>  | <b>Northwestern University, Statistics</b>   | 2016          |
| <b>M.A.</b>  | <b>Northwestern University, Sociology</b>  | 2015          |
| <b>B.A.</b>  | <b>Indiana University, Sociology and Anthropology</b><br>Highest Distinction and Honors in Sociology<br>Minors: Spanish, Portuguese<br>Certificate: Latin American and Caribbean Studies | 2011          |

## Research Interests

---

Health & Social Epidemiology, Sociology of Family, Medical Sociology, Gender, Social Inequality, Work & Occupations, Quantitative Methods

## Publications

---

### Refereed Journal Articles

- 2018 Percheski, Christine and **Jess M. Meyer**. "Health and Union Dissolution among Parenting Couples: Differences by Gender and Marital Status." *Journal of Health and Social Behavior* 59(4):569-584.
- 2017 **Jess M. Meyer** and Christine Percheski. "Health Behaviors and Union Dissolution among Parents of Young Children: Differences by Marital Status." *PLoS ONE* 12(8):e0182628.
- 2017 McDade, Thomas W., Calen Ryan, Meaghan J. Jones, Julia L. MacIsaac, Alexander M. Morin, **Jess M. Meyer**, Judith B. Borja, Gregory E. Miller, Michael S. Kobor, and Christopher W. Kuzawa. 2017. "Social and Physical Environments Early in Development Predict DNA Methylation of Inflammatory Genes in Young Adulthood." *Proceedings of the National Academy of Sciences* 114(29):7611-7616.

### In Preparation

- Meyer, Jess M.** "Gender Differences in Sleep among Parents of Young Children after Dedicated Paternity Leave Implementation."
- Meyer, Jess M.** "Do Educational Differences in Sleep Duration Converge at Older Ages?"
- Meyer, Jess M.** "Who and What Set the Alarm Clock? Gendered Temporal Anchors Relative to Wake Time among Partnered, Employed Adults."

## Grants and Fellowships

---

- 2012-present Applied Quantitative Research Fellowship, Northwestern University
- 2017, 2018 The Graduate School Conference Travel Grant, Northwestern University

- 2018 Travel grant for 2018 Time Use Across the Life Course conference, University of Maryland
- 2014-2015 Society, Biology, and Health Cluster Fellowship, Northwestern University
- 2013 MacArthur Summer Research Grant (with Christine Percheski), Department of Sociology, Northwestern University
- 2012-2013 University Fellowship, Northwestern University
- 2011 Hutton Honors College Research Grant, Hutton Honors College, Indiana University
- 2011 Hutton Honors College Teaching Internship Grant, Hutton Honors College, Indiana University
- 2011 Hutton Honors College Travel Grant, Hutton Honors College, Indiana University

### **Awards and Honors**

---

- 2018 Honorable Mention, Robert F. Winch Memorial Award for Graduate Student Best Presented or Published Paper, Northwestern University Department of Sociology
- 2016 Robert F. Winch Award for Outstanding Graduate Student Teaching Assistant, Northwestern University Department of Sociology
- 2015 Outstanding Service to the Undergraduate Program Award, Northwestern University Department of Sociology
- 2011 Phi Beta Kappa, Indiana University
- 2007-2011 Herman B Wells Scholar, Indiana University

### **Conference Presentations**

---

- 2019 **Jess M. Meyer.** “Early to Work, Early to Rise? Gender Differences in the Relationship of Wake Time to Employment and Childcare Schedules among Working-Age U.S. Adults.” To be presented at Population Association of America (PAA) Annual Meeting, Austin, TX.
- 2018 **Jess M. Meyer.** “Sleeping over Time: Differences in Sleep Duration by Education Vary over Age.” Presentation, American Sociological Association (ASA) Annual Meeting, Philadelphia, PA.
- 2018 **Jess M. Meyer.** “Do Educational Differences in Sleeplessness, Bedtime, and Wake Time Vary by Age?” Poster Presentation, Time Use Across the Life Course, College Park, MD.
- 2018 **Jess M. Meyer.** “Effects of a Paternity Leave Policy on Gender Differences in Sleep among Parents of Young Children.” Poster Presentation, PAA Annual Meeting, Denver, CO.
- 2017 **Jess M. Meyer.** “Effects of a Parental Leave Policy on Differences in Maternal Time with Children by Maternal Education: The Case of the Quebec Parental Insurance Plan.” Poster Presentation, Association for Public Policy Analysis and Management (APPAM) Annual Fall Research Conference, Chicago, IL.
- 2017 **Jess M. Meyer.** “Times of Inequality: Gendered Differences in Parents’ Time Use by Socioeconomic Status.” Roundtable Presentation, ASA Annual Meeting, Montreal, Quebec, Canada.

- 2016 **Jess M. Meyer**, Thomas W. McDade, and Jeremy Freese. “Genes, Race, and Analytical ‘Stopping Points’: A Cautionary Tale of Population Stratification.” Invited Presentation, ASA Annual Meeting, Seattle, WA.
- 2014 Percheski, Christine and **Jess Meyer**. “Committed in Sickness and in Health? Health and Relationship Dissolution.” Presentation, ASA Annual Meeting, San Francisco, CA.
- 2014 **Meyer, Jess**. “The ‘Individual’ and the Institutional: Moral Emotion Work and Perceptions of Decision-Making Power in the Neonatal Intensive Care Unit.” Presentation, Law and Society Association Annual Meeting, Minneapolis, MN.
- 2013 **Meyer, Jess**. “Moral Distress: How Do Prior Findings Apply to the Neonatal Intensive Care Unit Today?” Presentation, ASA Annual Meeting. New York City, NY.
- 2011 **Meyer, Jess**. “Cougar Identity and Its Meaning.” Presentation, North Central Sociological Association Annual Meeting. Cleveland, OH.

### **Additional Training**

---

- 2016 Russell Sage Foundation Summer Institute in Social-Science Genomics, Rutgers University
- 2016 Panel Study of Income Dynamics (PSID) Data User Workshop, Inter-university Consortium for Political and Social Research (ICPSR), University of Michigan
- 2013 “Questionnaire Design” and “Building and Testing Structural Equation Models,” Summer Institute in Survey Research Techniques, University of Michigan

### **Research Experience**

---

- 2014-present Research Assistant to Thomas McDade, Northwestern University
- 2013-2014 Research Assistant to Jeremy Freese, Northwestern University
- 2011-2012 Research and Operations Assistant, Indiana Consortium for Mental Health Services Research, Indiana University  
Fieldwork Supervisor for “Teamwork, Clinical Culture & Change in the NICU (Neonatal Intensive Care Unit),” PI’s: Bernice Pescosolido, Zeynep Salih, Susan Perkins
- 2010 Research Assistant, Indiana University Sociology Lab. Lab Director: Stephen Benard

### **Teaching Experience**

---

#### **Graduate Courses**

**Statistical Analysis of Social Data: Applied Regression Methods II**, Northwestern University (Teaching Assistant). Spring 2016

#### **Undergraduate Courses**

**Analysis and Interpretation of Social Data**, Northwestern University (Teaching Assistant). Spring 2018

**Introduction to Sociology**, Northwestern University (Teaching Assistant). Spring 2013

**Gender Roles**, Indiana University (Undergraduate Teaching Assistant). Spring 2011

**Culture and Society**, Indiana University (Undergraduate Teaching Assistant). Fall 2010

---

## Service & Leadership

---

### Professional

Peer Reviewer, *Journal of Gerontology: Social Sciences*, *American Sociological Review*  
Student Representative, ASA Section on Methodology Council, 2016-2018  
Member, ASA Methodology Section Midyear Meeting Committee, 2016-2017  
Roundtable Presider, Section on Medical Sociology Roundtable on Relationship Status and Health,  
ASA Annual Meeting. Chicago, IL, 2015  
Member, Graduate Student Advisory Committee, ASA Section on Social Psychology, 2014  
Editorial Board Member, *Student Anthropologist*, 2010

### University

#### Northwestern University

Graduate Associate, Ayers Residential College of Commerce and Industry, 2018-present  
Assistant Chair, Ayers Residential College of Commerce and Industry, 2016-2018  
Logistics Coordinator, Society, Biology, and Health Cluster, 2015-2016  
Co-Coordinator, Applied Quantitative Methods Workshop, 2013-2015

### Department

#### Department of Sociology, Northwestern University

Member, Faculty Recruitment Committee, 2016  
Undergraduate Mentoring Coordinator, 2015-2016  
Graduate Student Association Representative, Undergraduate Affairs Committee, 2012-2016

---

### Languages

---

English (native)  
Spanish (fluent)  
Portuguese (proficient)

---

### Professional Affiliations

---

American Sociological Association  
Population Association of America  
Interdisciplinary Association for Population Health Science  
Work and Family Researchers Network  
Association for Public Policy Analysis and Management

---

### References

---

Jeremy Freese	Christine Percheski	Thomas McDade
Professor	Associate Professor	Professor
Department of Sociology	Department of Sociology	Department of Anthropology
Stanford University	Northwestern University	Northwestern University
450 Serra Mall	1810 Chicago Avenue	1810 Hinman Street
Building 120, Room 160	Evanston, IL 60208	Evanston, IL 60208-1310

Stanford, CA 94305-2047  
jfreese@stanford.edu

c-percheski@u.northwestern.edu

t-mcdade@northwestern.edu